

# *SERAC Youth Survey Regional Summary 2014-2015*

*Final Report  
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**Southeastern Regional Action Council**



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## **ACKNOWLEDGEMENTS**

In this report, we summarize the findings of youth surveys administered to more than 6800 youth in grades 7-12 from 9 communities (8 school districts) in Southeastern Connecticut in 2014 and 2015. The surveys were administered by Southeastern Regional Action Council and/or Quantitative Services in collaboration with local schools and prevention organizations. Comprehensive reports detailing all findings for individual communities are available upon request.

The survey instruments used were derived from the Connecticut Governor's Prevention Initiative For Youth (GPIY) survey [1], which was given by the Connecticut Department of Mental Health and Addiction Services (DMHAS) and UConn Health Center in 2000 in 16 towns and 3 regional districts across the State.

The survey has been designed to ascertain prevalence, attitudes and behaviors related to the use of substances (tobacco, alcohol, and illicit drugs). We gratefully acknowledge refinements to the original survey, made by coalitions and health professionals throughout Connecticut specifically, East of the River Action for Substance-Abuse Elimination and Archie C. Swindell, Ph.D. of Quantitative Services. The modifications reflect changes in questions related to illegal substances and gambling behaviors, and the addition of questions related to other risk taking behaviors.

The authors sincerely appreciate the cooperation of the local representatives who made it possible to administer the surveys. We especially thank the youth who shared their personal experiences and opinions, and parents who permitted their children to take the surveys. It is emphasized that the results of the surveys are intended to provide information to support community-wide prevention planning. They are not intended to be an evaluation of any specific domain (school, family, community, etc).

This report draws liberally on earlier reports of GPIY survey results [1] for formatting and structure. Comparisons with national statistics utilize the Monitoring The Future (MTF) survey of 2015 [2].

## **PUBLIC DOMAIN NOTICE**

All materials in this report are in the public domain and may be reproduced or copied without permission from individual communities, Southeastern Regional Action Council or other participating agencies or individuals. Citation of the source is appreciated. The data on which this report is based are subject to confidentiality regulations of HIPAA [3] and FERPA [4]

## **DISCLAIMER**

Opinions expressed herein are the views of the authors and may not necessarily reflect the views, official policy or position of the individual communities, Southeastern Regional Action Council or other participating agencies or individuals.

## METHODS

The survey instruments used to collect data for this report were developed using the Connecticut Governor's Prevention Initiative for Youth (GPIY)[1] Youth Survey for 6<sup>th</sup> – 12<sup>th</sup> Grade as the starting point. The survey has been modified by several regional prevention coalitions across Connecticut, in order to reflect changes in patterns of substance use and gambling behaviors that have occurred in the years since the GPIY survey was last given by the Connecticut Department of Mental Health and Addiction Services (DMHAS), and to add questions about health and wellness from the Youth Risk Behavior Surveillance System (YRBSS) [5]. Whenever possible, questions in this survey were taken *verbatim* from the National Outcome Measures (SAMHSA) [6] and the GPIY survey, which were in turn taken from national surveys – YRBSS [5] and Monitoring The Future (MTF) [2]. Other questions are modeled after the forty "Developmental Assets<sup>®</sup>" identified by Search Institute [7]. Thus, there is compatibility of data among all the surveys, as well as validity of responses through the use of research-based questions.

The surveys were given under the supervision of local school officials and community volunteers. Prior to administration of each survey, parents were given the opportunity to examine it and to excuse their child from participating, by informing the school. Youth were also able to decline on their own to take the survey by simply logging off the computer, and a few did so.

Whenever possible, the surveys were administered online in computer labs using the SurveyMonkey.com<sup>®</sup> website and software. In some cases, the surveys had to be administered as paper copies. In those cases, local personnel or SERAC staff were responsible for entering the responses from the paper copies onto the SurveyMonkey.com<sup>®</sup> website. Efforts were made to ensure that the students surveyed were representative of the entire school population. In some cases, subjects which all students are required to take were chosen for survey sampling. In other communities, all students in school on a given day were asked to participate

Guidelines for administration of the survey were developed by the University of Connecticut Health Center [1]. During survey administration, conversation among students was discouraged, and youth were reassured about the anonymity of the survey and the need for their honest input.

All tabulations were carried out using SPSS<sup>®</sup> data analysis software version 23. Data checking and formatting operations were carried out in Microsoft Excel<sup>®</sup>, and the final report was produced in Microsoft Word<sup>®</sup>.

Not every community covered in this report collected data for every question or for every grade. The number of individuals for whom a response was missing is not provided for each question and grade. Instead, the assumption is made that the responses of those students who were sampled are representative of the larger regional population.

With the exception of the demographic data, all reported rates have been weighted in order to account for differences in sampling rates across grades and communities. Weights were calculated as the inverse of the participation rate for a given grade within a given community. For example, if 50% of 9th graders in a given community responded to the survey, the weight for all 9th graders in that community would be 2 ( $1/0.5=2.0$ ). Within individual communities, data from any grade with a participation rate of less than 20% (corresponding to a weight of  $>5$ ) was excluded.

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## RESULTS AND DISCUSSION

### ***Section 1: Demographics***

This report summarizes responses provided by 6,856 youth in grades 7-12 to surveys administered in 2014 and 2015 in 9 communities (8 school districts) in Southeastern Connecticut (Table 1). Using the weighting methods described earlier, the weighted number of students represented by this sample is 10,365. The sample includes a slightly larger percentage of females than males (Table 2).

### ***Section 2: Tobacco, Alcohol, and Other Substance Use***

Among the common substances of concern, alcohol appears to be the substance of choice among youth in Southeastern Connecticut (Table 3). Overall, 29% of youth report ever having used alcohol in their lifetime while 10% report having used alcohol in the past 30 days. Grade-specific recent use rates range from about 1% among 7<sup>th</sup> graders to 24% among 12<sup>th</sup> graders and lifetime use rates range from 8% to 58%.

Of the illicit drugs specifically mentioned in the survey, marijuana is the most commonly used substance (Table 3 and Table 4). Overall, 9% of youth report recent use of marijuana and 18% report lifetime use. Grade-specific recent use rates range from about 2% among 7<sup>th</sup> graders to 19% among 12<sup>th</sup> graders. Lifetime use rates range from 5% among 7<sup>th</sup> graders to 36% among 12<sup>th</sup> graders.

In general, regular use of illicit drugs, other than marijuana, does not appear to be a large problem among the region's youth (Table 4). Although recent (past 30 day) use rates do not suggest that youth use illicit drugs frequently, lifetime use rates do suggest that youth are experimenting with these substances, particularly cocaine, ecstasy, hallucinogens, salvia and synthetic marijuana.

The most commonly misused type of prescription medications are pain medications (Table 5). Overall, 8% of youth report ever having misused pain medications to get high while 4% report recent use.

About 17% of youth report having used energy drinks in the past 30 days and about half of all youth report ever having used energy drinks in their lifetime (Table 6). About 14% of youth report ever having used energy drinks with alcohol while 4% report recent use. About 4-5% of youth report ever having used inhalants or having misused over-the-counter medications to get high.

Based on anecdotal reports of rising use, SERAC has added a question to ascertain the prevalence of electronic cigarette use among youth. About 9% of youth report ever having used electronic cigarettes and about 3% report recent use (Table 6).

Youth reporting lifetime use of energy drinks, energy drinks with alcohol, cigarettes, other tobacco, alcohol or marijuana were also asked about the age at which they first used those substances (Table 7). For most substances (energy drinks with alcohol, cigarettes, other tobacco products, alcohol and marijuana), the largest percentage of youth report having begun using between the ages of 14 and 15. However for energy drinks, the most commonly reported age of initiation was between 11 and 13 years.

Youth were asked about the frequency with which they use cigarettes (Table 8). About 1% of youth report daily cigarette use.

Youth were asked about the frequency with which they use non-cigarette tobacco products (Table 9). Less than 1% of youth report daily use of non-cigarette tobacco products.

Youth were asked for the frequency with which they use electronic cigarettes (Table 10). Less than 1% of all youth report daily use of electronic cigarettes.

Youth were asked about the frequency with which they use marijuana (Table 11). About 2% of youth report daily use of marijuana.

*Youth reporting lifetime use of marijuana* were asked about their sources of marijuana (Table A).

- The most commonly reported source is **friends** (83%).
- About 24% report having gotten marijuana from their parents without their permission.

Youth were asked about the frequency with which they use alcohol (Table 12). Less than 1% of all youth report daily alcohol use.

*Youth reporting lifetime alcohol use* were asked about the intensity of their use (Table B).

- About 18% of lifetime alcohol users report having consumed 4 or more drinks during a single occasion in the past 30 days.

*Youth reporting lifetime alcohol use* were also asked about their sources of alcohol (Table C)

- The most commonly reported source is **friends** (61%).

*Youth reporting recent (past 30 day) alcohol use*, were asked about the location of their alcohol use (Table D).

- 77% of recent drinkers report having consumed alcohol at the **homes of others** in the past 30 days.
- About 60% of recent drinkers report having consumed alcohol **at a party without an adult present** or **at home** in the past 30 days.

*About 8% of youth reporting recent (past 30 day) alcohol use report that they have been under the influence of alcohol while they were at school in the past 30 days (Table E).*

About 4% of all youth report having been intentionally high under the influence of drugs while at school (Table 13).

### **Section 3: Individual/Peer Domain**

Perceived harm associated with substance use tends to be inversely correlated with use of that substance. 60-66% of youth feel that there is **great risk** associated with smoking 1 or more packs of cigarettes per day or using prescription drugs not prescribed to them (Table 155). About 40% of youth feel that there is **great risk** associated with drinking 5 or more alcoholic beverages once or twice a week. About one third of youth feel there is **great risk** associated with taking one or two drinks nearly every day (35%) or using marijuana 1 or 2 times a week (30%).

The percentage of youth who **strongly disapprove** of someone their age having 1 or 2 drinks of alcohol nearly every day ranges from 77% among 7<sup>th</sup> graders to less than 50% among 10-12<sup>th</sup> graders (Table 166).

Youth were asked how wrong their friends feel it would be for them to gamble or to use cigarettes, alcohol, marijuana or prescription drugs (Table 177). For all behaviors, the percentage of youth who report that their friends think it would be **very wrong** decreases markedly from 7<sup>th</sup> grade to 12<sup>th</sup> grade. Overall, the percentage of youth who report their peers think it would be **very wrong** for them to use is highest for prescription drugs (55%) and lowest for gambling (34%).

Youth were also asked how easy it would be for them to get alcohol, cigarettes, marijuana, other illicit drugs, prescription drugs or a gun (Table 188). Compared to younger youth, older youth consider all substances to be more readily available. Illicit drugs other than marijuana are considered the most difficult to obtain. Alcohol is considered the easiest to obtain.

Youth were asked if they have engaged in specific antisocial behaviors in the past year (Table 199). About 15% of youth report having stolen something worth less than \$100 and about 34% of youth report having cheated on a test at school.

Approximately 12% have ridden as a passenger with a driver under the influence of drugs or alcohol while 3% have driven while under the influence of drugs or alcohol themselves.

Youth in the region generally appear to have positive self-concepts (Table 2020). Most youth (>80%) respond positively (**agree or strongly agree**) to statements such as, "I am good at making decisions", "I have a number of good qualities", "I stand up for what I believe in" and "I believe my life is going in a positive direction". However, 20-22% of youth **agree or strongly agree** with the statements, "I feel lonely" and "I feel sad most of the time."

Youth appear to have a good social support network to help them deal with problems. The majority of youth (63%) report that when they have a problem, they **often or always/almost always** talk with a friend (Table 21). More than half of youth (57%) report keeping it to themselves while about 35% say they talk to a parent or guardian.

About 20% of youth report having felt so sad or hopeless almost everyday for 2 weeks or more that it stopped them from doing their usual activities in the past year. (Table 222). About 14% of youth report having hurt themselves on purpose in the past year and about 11% of youth report having seriously considered attempting suicide in the past year.

#### **Section 4: Family Domain**

About 31% of youth report having a parent or guardian who smokes and about 60% report having a parent or guardian who drinks alcohol (Table 233). About 21% of youth report that a family member has used alcohol in such a way that it has created problems at home, at work or with friends.

About 18% of youth report that they usually spend **no time** after school without an adult present (Table 244). However, 15% report spending **more than 4 hours** after school without an adult present.

Youth were asked about their perception of their parents' disapproval of their use of alcohol, tobacco, marijuana and prescription drugs (Table 255). About 83% of youth report that their parents think it would be **very wrong** for them to use a prescription drug not prescribed to them. More than 70% of youth report that their parents think it would be **very wrong** for them to smoke tobacco, drink 1 or 2 alcoholic beverages nearly everyday or smoke marijuana. About 49% of youth report that their parents think it would be **very wrong** for them to gamble.

Most youth (78%) say it is **mostly true** or **definitely true** that they are disciplined for breaking rules (Table 266). Most youth, about 75%, report that it is **definitely true** or **mostly true** that their families have clear rules discouraging cigarette/tobacco, alcohol, marijuana or prescription drug use. About one half of youth (50%) report that it is **definitely true** or **mostly true** that their families have clear rules discouraging them from gambling.

Most youth (85% or more) report that it is **mostly true** or **definitely true** that they feel close to, valued and loved by their family (Table 277). Fewer youth (about 57%) say it is **mostly true** or **definitely true** that they share their thoughts and feelings with their parent/guardian. About half of youth say it is **mostly true** or **definitely true** that their parent/guardian participates in activities at their school.

#### **Section 5: School Domain**

Nearly all youth (94%) say they try to do good work at school (Table 288). Youth generally feel encouraged and supported by school teachers and staff. About 14% of youth report not that they do NOT feel safe at school.

#### **Section 6: Community Domain**

About 77% of youth feel that their community is a safe place (Table 299). Compared to younger youth, older youth are more likely to perceive that drugs are a bigger problem and that drug use is more prevalent.

Youth were asked about the importance of various prevention strategies in keeping kids from drinking alcohol (Table 3030). Checking IDs is the top-ranked strategy for all grades. Other effective strategies include fear of addiction, having a license suspended and having friends who disapprove of drinking. High price of alcohol, alcohol education in school and advertisements showing problems with alcohol use are the lowest ranking strategies.

### ***Section 7: Gambling***

The majority of youth (82%) report ***never*** gambling (Table 31). About 10% of youth report that a member of their family has gambled so that it created problems at home, at work or with friends.

*Youth reporting lifetime gambling* were asked about their gambling behavior.

- 7% of lifetime gamblers report that they think they have a gambling problem or that they have missed school, work or other activities because of their gambling.
- 11% of lifetime gamblers report that a family member has expressed concern about their gambling.
- 23% of lifetime gamblers report having tried to cut back on their gambling.

### ***Section 8: Comparisons and Trends***

In this section, current (2014-15) regional data is compared with national data (Monitoring the Future 2015 [5]) and with previous regional data.

In general, the regional lifetime and recent substance use rates (including those for cigarettes, alcohol and marijuana) tend to be similar to or lower than the corresponding national rates (Tables 32 and 33). An exception is recent use of any prescription drug among youth in grade 12.

Recent use of cigarettes and alcohol among high school youth tended to decrease between 2006 and 2015 (Figure 1). Recent use of marijuana tended to increase between 2006 and 2011 and has tended to remain relatively constant since then. Recent misuse of prescription medications without a prescription has tended to increase since 2010-2011 when we first began collecting data.

In general, perceived harm (% great risk) associated with cigarette, alcohol and prescription drug misuse has tended to increase (Figure 2). However, the perception of harm associated with marijuana use among high school youth has tended to decrease.

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DATA TABLES

*Section 1. Demographics*

**Table 1. Participants Included in Analysis by Community and Year\***

Community	Year		Total
	2014	2015	
East Lyme	0	1286	<b>1286</b>
Griswold	0	755	<b>755</b>
Groton	1151	0	<b>1151</b>
LOL	0	640	<b>640</b>
Montville	0	559	<b>559</b>
NL	472	0	<b>472</b>
Norwich	0	1929	<b>1929</b>
Voluntown	0	64	<b>64</b>
Total	1623	5233	<b>6856</b>

\*Responses from **6,856** youth are included in the analysis. Weights were calculated as the inverse of the participation rate by grade within school. For example, if 50% of 9th graders at a particular school were included in the analysis, each would have a weight of 2 (1/50%). Using this method, the weighted number of students represented by this sample is **10,365**.

**Table 2. Gender of Participants Included in Analysis**

Gender	Grade						Total
	7	8	9	10	11	12	
<b>Female</b>	50.3%	50.5%	49.7%	55.1%	53.3%	50.5%	<b>51.5%</b>
<b>Male</b>	49.7%	49.5%	50.3%	44.9%	46.7%	49.5%	<b>48.5%</b>
<b>Total (n)</b>	1327	1369	1157	1099	1064	840	<b>6856</b>

**Section 2. Tobacco, Alcohol, and Other Substance Use**

**Table 3. Reported Use Rates for Common Substances of Concern**

		<b>Grade</b>						<b>Total</b>
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	
<b>Alcohol</b>	Never	91.9%	86.4%	77.0%	66.8%	56.2%	42.0%	70.6%
	Lifetime	8.1%	13.6%	23.0%	33.2%	43.8%	58.0%	29.4%
	Recent	1.4%	2.4%	6.7%	10.5%	14.9%	24.2%	9.7%
<b>Cigarettes</b>	Never	98.3%	95.9%	93.6%	90.5%	87.6%	82.5%	91.6%
	Lifetime	1.7%	4.1%	6.4%	9.5%	12.4%	17.5%	8.4%
	Recent	0.5%	1.0%	2.1%	2.6%	4.3%	7.1%	2.8%
<b>Other tobacco products</b>	Never	98.1%	97.7%	95.5%	95.1%	92.0%	85.1%	94.1%
	Lifetime	1.9%	2.3%	4.5%	4.9%	8.0%	14.9%	5.9%
	Recent	0.8%	0.4%	1.3%	1.1%	2.8%	5.6%	1.9%
<b>Marijuana</b>	Never	94.6%	91.5%	87.3%	76.9%	74.2%	64.0%	81.7%
	Lifetime	5.4%	8.5%	12.7%	23.1%	25.8%	36.0%	18.3%
	Recent	1.9%	3.8%	4.9%	12.3%	13.4%	19.2%	9.1%

**Table 4. Reported Use Rates for Various Illicit Drugs**

		<b>Grade</b>						<b>Total</b>
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	
<b>Cocaine</b>	Never	99.9%	99.7%	99.0%	99.1%	98.5%	97.9%	99.0%
	Lifetime	0.1%	0.3%	1.0%	0.9%	1.5%	2.1%	1.0%
	Recent	0.1%	0.1%	0.5%	0.2%	0.5%	0.5%	0.3%
<b>Crack Cocaine</b>	Never	99.8%	99.6%	99.3%	99.8%	99.7%	99.5%	99.6%
	Lifetime	0.2%	0.4%	0.7%	0.2%	0.3%	0.5%	0.4%
	Recent	0.1%	0.1%	0.1%	0.2%	0.1%	0.2%	0.1%
<b>MDMA (Ecstasy)</b>	Never	99.9%	99.5%	98.3%	98.0%	97.5%	96.6%	98.4%
	Lifetime	0.1%	0.5%	1.7%	2.0%	2.5%	3.4%	1.6%
	Recent	0.0%	0.2%	0.9%	0.7%	0.9%	1.0%	0.6%
<b>Hallucinogens</b>	Never	99.8%	99.2%	98.3%	97.9%	96.2%	95.4%	97.8%
	Lifetime	0.2%	0.8%	1.7%	2.1%	3.8%	4.6%	2.2%
	Recent	0.1%	0.4%	0.5%	0.7%	1.5%	2.1%	0.9%
<b>Heroin</b>	Never	99.8%	99.8%	99.6%	99.8%	99.8%	99.1%	99.7%
	Lifetime	0.2%	0.2%	0.4%	0.2%	0.2%	0.9%	0.3%
	Recent	0.0%	0.1%	0.2%	0.2%	0.0%	0.5%	0.2%
<b>Salvia</b>	Never	99.8%	99.6%	99.5%	99.4%	99.0%	98.8%	99.4%
	Lifetime	0.2%	0.4%	0.5%	0.6%	1.0%	1.2%	0.6%
	Recent	0.2%	0.0%	0.2%	0.1%	0.4%	0.4%	0.2%
<b>Ketamine</b>	Never	99.9%	99.8%	99.9%	99.5%	99.5%	98.9%	99.6%
	Lifetime	0.1%	0.2%	0.1%	0.5%	0.5%	1.1%	0.4%
	Recent	0.1%	0.2%	0.0%	0.2%	0.5%	0.4%	0.2%
<b>GHB</b>	Never	100.0%	99.8%	99.9%	99.9%	100.0%	99.3%	99.9%
	Lifetime	0.0%	0.2%	0.1%	0.1%	0.0%	0.7%	0.1%
	Recent	0.0%	0.0%	0.1%	0.1%	0.0%	0.3%	0.1%
<b>Methamphetamine</b>	Never	99.8%	99.7%	99.6%	99.6%	99.3%	99.7%	99.6%
	Lifetime	0.2%	0.3%	0.4%	0.4%	0.7%	0.3%	0.4%
	Recent	0.2%	0.3%	0.4%	0.3%	0.1%	0.2%	0.2%
<b>Synthetic Marijuana</b>	Never	98.9%	97.3%	96.5%	94.0%	93.2%	91.1%	95.2%
	Lifetime	1.1%	2.7%	3.5%	6.0%	6.8%	8.9%	4.8%
	Recent	0.3%	1.4%	1.1%	2.1%	2.6%	3.8%	1.8%
<b>Bath Salts</b>	Never	99.5%	99.1%	99.4%	99.6%	99.9%	99.3%	99.5%
	Lifetime	0.5%	0.9%	0.6%	0.4%	0.1%	0.7%	0.5%
	Recent	0.2%	0.5%	0.3%	0.0%	0.1%	0.3%	0.2%
<b>Any illicit drug*</b>	Never	99.3%	99.1%	97.1%	96.7%	95.0%	92.9%	96.8%
	Lifetime	0.7%	0.9%	2.9%	3.3%	5.0%	7.1%	3.2%
	Recent	0.3%	0.6%	1.7%	1.5%	2.3%	2.8%	1.5%

\*includes cocaine, crack, MDMA, hallucinogens, heroin, GHB and methamphetamine

**Table 5. Reported Use Rates for Various Types of Prescription Medications**

		<b>Grade</b>						
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Total</b>
<b>Pain Medications</b>	Never	95.0%	93.5%	90.6%	91.4%	89.9%	88.8%	91.6%
	Lifetime	5.0%	6.5%	9.4%	8.6%	10.1%	11.2%	8.4%
	Recent	2.3%	2.4%	4.0%	4.1%	4.7%	4.3%	3.6%
<b>Downers</b>	Never	96.1%	94.6%	95.0%	92.0%	92.5%	91.4%	93.6%
	Lifetime	3.9%	5.4%	5.0%	8.0%	7.5%	8.6%	6.4%
	Recent	1.8%	2.6%	2.5%	4.2%	3.1%	4.3%	3.1%
<b>Tranquilizers</b>	Never	99.6%	99.8%	98.8%	97.9%	96.2%	96.0%	98.1%
	Lifetime	0.4%	0.2%	1.2%	2.1%	3.8%	4.0%	1.9%
	Recent	0.2%	0.2%	0.7%	1.2%	1.7%	1.6%	0.9%
<b>Uppers</b>	Never	99.1%	99.0%	98.0%	97.2%	95.2%	93.5%	97.1%
	Lifetime	.9%	1.0%	2.0%	2.8%	4.8%	6.5%	2.9%
	Recent	0.5%	0.3%	1.0%	1.6%	2.5%	3.4%	1.5%
<b>Any of the above prescription medications*</b>	Never	92.6%	89.7%	87.7%	86.5%	83.1%	81.6%	86.9%
	Lifetime	7.4%	10.3%	12.3%	13.5%	16.9%	18.4%	13.1%
	Recent	3.7%	4.8%	6.0%	7.8%	9.7%	10.0%	6.9%
<b>Steroids</b>	Never	99.1%	99.3%	98.9%	99.1%	99.3%	98.9%	99.1%
	Lifetime	0.9%	0.7%	1.1%	0.9%	0.7%	1.1%	0.9%
	Recent	0.4%	0.3%	0.2%	0.5%	0.2%	0.6%	0.4%

\*includes pain medications, downers, tranquilizers and uppers

**Table 6. Reported Use Rates for Other Legal Products**

		<b>Grade</b>						
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Total</b>
<b>Energy Drinks</b>	Never	64.3%	54.6%	53.3%	48.2%	48.5%	49.4%	53.0%
	Lifetime	35.7%	45.4%	46.7%	51.8%	51.5%	50.6%	47.0%
	Recent	12.4%	18.2%	17.1%	17.6%	16.9%	18.8%	16.8%
<b>Energy Drinks + Alcohol</b>	Never	93.0%	92.3%	87.7%	83.7%	82.2%	78.8%	86.4%
	Lifetime	7.0%	7.7%	12.3%	16.3%	17.8%	21.2%	13.6%
	Recent	1.4%	1.9%	3.5%	5.0%	4.0%	7.0%	3.8%
<b>Inhalants</b>	Never	96.7%	96.2%	95.7%	96.1%	96.0%	94.3%	95.9%
	Lifetime	3.3%	3.8%	4.3%	3.9%	4.0%	5.7%	4.1%
	Recent	1.8%	1.4%	1.4%	1.6%	1.7%	2.6%	1.7%
<b>Over the counter medications</b>	Never	98.0%	96.7%	95.3%	95.4%	96.3%	96.7%	96.4%
	Lifetime	2.0%	3.3%	4.7%	4.6%	3.7%	3.3%	3.6%
	Recent	1.1%	1.1%	2.1%	2.1%	1.2%	1.6%	1.5%
<b>Electronic cigarettes</b>	Never	96.0%	95.9%	92.4%	89.2%	88.4%	84.1%	91.1%
	Lifetime	4.0%	4.1%	7.6%	10.8%	11.6%	15.9%	8.9%
	Recent	1.0%	1.3%	2.9%	3.9%	3.0%	5.5%	2.9%

**Table 7. Reported Age of Initiation Among Lifetime Users of Various Substances**

<b>Substance</b>	<b>Age of Initiation</b>	<b>Percent (%)</b>
<b>Energy Drinks</b>	10 or younger	18%
	<b>11-13</b>	<b>59%</b>
	14-15	19%
	16 or older	4%
<b>Energy Drinks Containing Alcohol</b>	10 or younger	6%
	11-13	29%
	<b>14-15</b>	<b>39%</b>
	16 or older	27%
<b>Cigarettes</b>	10 or younger	10%
	11-13	24%
	<b>14-15</b>	<b>42%</b>
	16 or older	24%
<b>Other Tobacco Products</b>	10 or younger	5%
	11-13	21%
	<b>14-15</b>	<b>40%</b>
	16 or older	34%
<b>Alcohol</b>	10 or younger	7%
	11-13	26%
	<b>14-15</b>	<b>43%</b>
	16 or older	24%
<b>Marijuana</b>	10 or younger	3%
	11-13	25%
	<b>14-15</b>	<b>47%</b>
	16 or older	26%

**Table 8. Frequency of Cigarette Use**

Think back over the past 30 days. On how many days, if any, did you use cigarettes?	Grade						Total
	7	8	9	10	11	12	
I have NEVER used.	98.3%	95.9%	93.6%	90.5%	87.6%	82.5%	91.6%
Not in the past 30 days	1.2%	3.1%	4.3%	6.9%	8.1%	10.5%	5.6%
Occasionally (1 - 5 days)	0.1%	0.5%	1.3%	1.3%	2.0%	4.1%	1.5%
Frequently (6 - 20 days)	0.1%	0.1%	0.4%	0.4%	0.6%	1.2%	0.5%
Almost every day (21 days or more)	0.3%	0.3%	0.4%	0.9%	1.8%	1.7%	0.9%

**Table 9. Frequency of Other Tobacco Use**

Think back over the past 30 days. On how many days, if any, did you use other tobacco products (like cigars, snuff, chewing tobacco, smoking tobacco from a pipe)?	Grade						Total
	7	8	9	10	11	12	
I have NEVER used.	98.7%	97.8%	96.1%	94.8%	91.9%	83.8%	94.1%
Not in the past 30 days	0.8%	1.8%	3.0%	4.0%	5.3%	10.0%	4.0%
Occasionally (1 - 5 days)	0.2%	0.1%	0.5%	0.8%	1.2%	3.3%	0.9%
Frequently (6 - 20 days)	0.1%	0.1%	0.2%	0.1%	0.7%	1.2%	0.4%
Almost every day (21 days or more)	0.3%	0.1%	0.3%	0.4%	1.0%	1.7%	0.6%

**Table 10. Frequency of Electronic Cigarette Use**

Think back over the past 30 days. On how many days, if any, did you use electronic cigarettes?	Grade						Total
	7	8	9	10	11	12	
I have NEVER used.	97.4%	96.2%	92.9%	88.7%	87.3%	82.5%	91.0%
Not in the past 30 days	2.0%	2.6%	4.5%	7.1%	9.3%	11.7%	6.1%
Occasionally (1 - 5 days)	0.2%	0.8%	1.4%	3.0%	2.3%	4.2%	1.9%
Frequently (6 - 20 days)	0.1%	0.2%	0.7%	0.7%	0.8%	1.1%	0.6%
Almost every day (21 days or more)	0.4%	0.3%	0.5%	0.5%	0.3%	0.4%	0.4%

**Table 11. Frequency of Marijuana Use**

Think back over the past 30 days. On how many days, if any, did you use marijuana?	Grade						Total
	7	8	9	10	11	12	
I have NEVER used.	96.8%	93.1%	87.3%	76.0%	72.1%	60.7%	81.3%
Not in the past 30 days	2.0%	3.8%	8.0%	11.7%	13.4%	18.6%	9.4%
Occasionally (1 - 5 days)	0.8%	1.6%	2.2%	5.4%	7.5%	8.8%	4.3%
Frequently (6 - 20 days)	0.0%	0.9%	1.5%	4.6%	3.8%	5.6%	2.7%
Almost every day (21 days or more)	0.4%	0.5%	1.0%	2.4%	3.2%	6.3%	2.2%

**\*\*\*Lifetime Marijuana User - Sub-analysis\*\*\***

**Table A. Sources of Marijuana Among Lifetime Users**

Percent of Marijuana Users Who Report Ever Getting Marijuana From the Following Sources	Grade						Total
	7	8	9	10	11	12	
Your parents, with permission	10.7%	9.8%	3.9%	7.0%	4.7%	7.8%	6.5%
Your parents, without permission	39.3%	28.4%	29.7%	23.3%	25.5%	18.6%	23.8%
Brothers or Sisters	0.0%	28.4%	30.5%	19.1%	25.2%	28.9%	25.0%
Friends	48.8%	77.0%	79.9%	84.3%	81.1%	86.9%	82.7%

**Table 12. Frequency of Alcohol Use**

During the past 30 days, on how many days (if any) did you drink one or more drinks of an alcoholic beverage (more than a sip, and NOT including religious activities)?	Grade						Total
	7	8	9	10	11	12	
NEVER	91.9%	86.4%	77.0%	66.8%	56.2%	42.0%	70.6%
Not in the past 30 days	6.7%	11.2%	16.3%	22.7%	29.0%	33.8%	19.7%
Occasionally (1 - 5 days)	0.8%	1.7%	5.5%	8.3%	11.7%	18.1%	7.5%
Frequently (6 - 20 days)	0.3%	0.4%	0.8%	2.2%	2.7%	5.6%	1.9%
Almost every day (21 days or more)	0.3%	0.3%	0.4%	0.1%	0.4%	0.4%	0.3%

**\*\*\*Lifetime Alcohol User- Sub-analysis\*\*\***

**Table B. Intensity of Alcohol Use Among Lifetime Users**

How often have you drank 4 or more alcoholic drinks (beer, wine, wine coolers, mixed drinks, hard liquor etc.) during a single occasion?	Grade						Total
	7	8	9	10	11	12	
NEVER	73.5%	63.6%	55.5%	46.8%	40.6%	27.9%	43.4%
Not in the past 30 days	24.2%	28.3%	28.3%	38.5%	40.1%	46.7%	38.5%
Occasionally (1 - 5 days)	1.2%	6.4%	13.1%	12.8%	15.5%	19.6%	14.4%
Frequently (6 - 20 days)	1.1%	1.8%	2.7%	1.9%	3.3%	5.2%	3.3%
Almost every day (21 days or more)	0.0%	0.0%	0.5%	0.0%	0.4%	0.7%	0.4%

**\*\*\*Lifetime Alcohol User- Sub-analysis\*\*\***

**Table C. Sources of Alcohol**

Percent of Lifetime Alcohol Users Who Report Ever Getting Alcohol from the Following Sources	Grade						Total
	7	8	9	10	11	12	
Your parents, with permission	55.2%	47.3%	48.5%	47.0%	35.8%	48.2%	45.1%
Your parents, without permission	22.0%	40.2%	45.4%	47.8%	47.4%	46.1%	45.2%
Your friends	19.2%	39.3%	52.1%	64.9%	64.7%	71.0%	60.9%
Your brothers or sisters	13.8%	19.2%	26.6%	27.0%	25.9%	30.1%	26.4%
Other people buy it for you	7.2%	18.1%	25.4%	35.0%	35.5%	45.5%	34.3%
At a party with an adult's permission	38.2%	29.5%	33.9%	34.4%	36.7%	44.6%	37.6%
A restaurant	14.0%	10.6%	8.0%	8.3%	6.0%	10.1%	8.6%
A store or bar	3.6%	1.5%	4.6%	6.6%	5.2%	7.6%	5.7%

\*\*\*Recent Alcohol User Sub-analysis\*\*\*

Table D. Location of Alcohol Use Among Recent (Past 30 day) Users

Percent of Recent Alcohol Users Who Report Using Alcohol in the Following Places in the Past 30 days	Grade						Total
	7	8	9	10	11	12	
On the street, in the woods or in parks or fields	14.6%	31.5%	29.9%	38.5%	22.0%	35.2%	31.1%
At school activities	7.8%	24.6%	8.4%	12.5%	8.6%	11.6%	11.1%
While driving	7.2%	11.8%	7.1%	4.3%	7.3%	13.1%	8.6%
At home	42.9%	61.3%	58.9%	63.0%	60.3%	66.7%	62.4%
At the homes of others	42.8%	61.3%	64.2%	82.1%	76.2%	84.6%	77.1%
At a party with an adult present	73.5%	62.4%	32.6%	32.6%	44.4%	52.3%	43.7%
At a party without an adult present	23.5%	25.5%	33.8%	63.6%	62.8%	78.7%	63.4%

\*\*\*Recent Alcohol User Sub-analysis\*\*\*

Table E. Recent Alcohol Use in School Among Recent Users

During the past 30 days have you been under the influence of alcohol while you were at school?	Grade						Total
	7	8	9	10	11	12	
Yes	0.0%	0.0%	5.3%	12.5%	6.5%	6.5%	7.6%

Table 13. Recent Drug Use While in School

During the past 30 days have you been intentionally high under the influence of drugs while you were at school?	Grade						Total
	7	8	9	10	11	12	
Yes	0.9%	1.4%	1.9%	9.3%	3.1%	9.4%	4.0%

Table 14. Frequency of Other Substance Use

Think back over the past 30 days. On how many days, if any, did you use the following?	Grade						Total
	7	8	9	10	11	12	
NEVER	67.2%	55.6%	53.4%	49.3%	47.0%	48.8%	53.5%
Not in the past 30 days	21.7%	26.8%	29.2%	33.9%	35.7%	33.3%	30.1%
<b>Energy Drinks</b>							
Occasionally (1 - 5 days)	7.2%	11.9%	10.9%	10.5%	11.8%	11.5%	10.7%
Frequently (6 - 20 days)	2.1%	3.8%	3.6%	3.6%	3.8%	3.8%	3.5%
Almost every day (21 days or more)	1.7%	1.9%	2.9%	2.7%	1.8%	2.5%	2.2%
NEVER	94.6%	93.2%	87.4%	83.3%	80.6%	77.1%	86.1%
Not in the past 30 days	4.6%	5.2%	9.0%	12.0%	15.1%	14.6%	10.0%
<b>Energy Drinks + Alcohol</b>							
Occasionally (1 - 5 days)	0.3%	1.1%	2.1%	3.1%	3.0%	5.7%	2.5%
Frequently (6 - 20 days)	0.2%	0.3%	0.9%	1.2%	1.0%	1.3%	0.8%
Almost every day (21 days or more)	0.3%	0.2%	0.6%	0.5%	0.4%	1.2%	0.5%

**Section 3. Individual/Peer Domain**

**Table 15. Perceived Harm of Substance Use**

How much do you think people risk harming themselves if they do the following?		Grade						Total
		7	8	9	10	11	12	
<b>Smoke cigarettes, 1 or more packs a day?</b>	No Risk	4.8%	4.8%	3.6%	4.0%	4.9%	4.7%	4.4%
	Slight Risk	5.7%	6.9%	5.4%	4.0%	4.3%	4.8%	5.2%
	Moderate Risk	17.8%	18.1%	17.0%	16.2%	13.6%	12.9%	16.0%
	Great Risk	61.5%	61.3%	64.6%	65.7%	69.0%	71.2%	65.5%
	I Don't Know.	10.1%	8.9%	9.4%	10.2%	8.2%	6.3%	8.9%
<b>Drink alcoholic beverages, 5 or more once or twice a week?</b>	No Risk	5.6%	4.9%	4.2%	3.5%	4.9%	4.5%	4.6%
	Slight Risk	12.7%	12.0%	9.8%	11.5%	12.5%	12.6%	11.8%
	Moderate Risk	31.6%	33.5%	33.0%	33.1%	27.8%	31.6%	31.8%
	Great Risk	37.7%	39.9%	43.1%	41.7%	46.4%	43.6%	42.1%
	I Don't Know.	12.3%	9.7%	9.9%	10.2%	8.3%	7.7%	9.7%
<b>Take one or two drinks of an alcoholic beverage nearly every day?</b>	No Risk	9.1%	8.1%	5.0%	5.8%	6.2%	7.3%	6.8%
	Slight Risk	17.9%	17.2%	18.2%	17.0%	18.2%	15.8%	17.4%
	Moderate Risk	28.7%	28.6%	31.5%	32.1%	28.6%	35.6%	30.8%
	Great Risk	32.8%	35.5%	35.2%	35.1%	37.1%	33.3%	34.9%
	I Don't Know.	11.6%	10.6%	10.2%	10.0%	9.8%	8.0%	10.0%
<b>Use marijuana 1 or 2 times a week?</b>	No Risk	7.8%	11.6%	15.1%	19.5%	28.1%	29.9%	18.5%
	Slight Risk	10.3%	14.0%	17.5%	23.6%	20.8%	25.3%	18.5%
	Moderate Risk	22.2%	23.5%	23.2%	21.6%	18.4%	19.0%	21.4%
	Great Risk	46.6%	37.3%	30.9%	22.5%	21.4%	18.5%	29.5%
	I Don't Know.	13.1%	13.7%	13.3%	12.8%	11.3%	7.3%	12.0%
<b>Use prescription drugs that are not prescribed to them?</b>	No Risk	5.6%	4.2%	3.6%	3.7%	4.8%	3.3%	4.2%
	Slight Risk	5.6%	6.0%	5.9%	5.8%	5.2%	6.1%	5.8%
	Moderate Risk	14.3%	16.0%	16.2%	18.8%	14.8%	20.3%	16.7%
	Great Risk	57.5%	60.1%	60.8%	57.3%	62.6%	60.6%	59.8%
	I Don't Know.	17.1%	13.7%	13.4%	14.3%	12.7%	9.7%	13.5%

**Table 16. Attitude Toward Peer Alcohol Use**

How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly everyday?	Grade						Total
	7	8	9	10	11	12	
Neither Approve or Disapprove	6.4%	13.3%	17.5%	23.1%	22.5%	23.5%	18.0%
Somewhat Disapprove	5.9%	10.8%	13.7%	18.7%	16.2%	24.2%	15.0%
Strongly Disapprove	76.7%	63.3%	58.0%	46.4%	46.3%	41.0%	54.8%
Don't Know or Can't Say	11.0%	12.6%	10.8%	11.9%	15.0%	11.3%	12.1%

**Table 17. Peer Attitudes Toward Youth Substance Use**

How wrong do your friends feel it would be for you to do the following?	Grade						Total	
	7	8	9	10	11	12		
<b>Smoke tobacco?</b>	Not At All wrong	3.2%	6.2%	7.3%	11.3%	14.8%	21.4%	10.5%
	A Little Bit Wrong	5.4%	11.0%	13.6%	18.6%	17.7%	22.6%	14.8%
	Wrong	20.8%	24.8%	30.1%	30.7%	29.3%	26.3%	27.1%
	Very Wrong	70.6%	58.0%	49.0%	39.3%	38.1%	29.7%	47.6%
<b>Drink one or two alcoholic beverages nearly everyday?</b>	Not At All wrong	4.6%	8.2%	10.0%	17.0%	21.2%	24.7%	14.1%
	A Little Bit Wrong	6.7%	11.7%	19.3%	23.6%	23.2%	25.6%	18.3%
	Wrong	21.7%	25.4%	27.5%	26.2%	26.7%	27.4%	25.8%
	Very Wrong	67.0%	54.7%	43.3%	33.1%	29.0%	22.3%	41.7%
<b>Smoke marijuana?</b>	Not At All wrong	4.4%	11.9%	17.5%	30.7%	38.0%	47.6%	24.7%
	A Little Bit Wrong	5.1%	11.1%	19.6%	20.2%	19.3%	21.4%	16.2%
	Wrong	17.1%	18.0%	21.8%	19.1%	18.2%	15.1%	18.3%
	Very Wrong	73.3%	59.0%	41.0%	30.0%	24.5%	15.9%	40.8%
<b>Use prescription drugs not prescribed to you?</b>	Not At All wrong	3.0%	5.7%	6.5%	10.4%	12.0%	13.0%	8.4%
	A Little Bit Wrong	5.3%	7.2%	11.5%	13.8%	13.7%	18.7%	11.6%
	Wrong	18.5%	22.2%	26.1%	26.4%	27.4%	28.3%	24.8%
	Very Wrong	73.2%	64.9%	55.9%	49.4%	46.9%	40.0%	55.2%
<b>Gamble (scratch tickets, online, sports, casino, etc)?</b>	Not At All wrong	9.8%	14.9%	16.9%	26.8%	26.6%	35.9%	21.8%
	A Little Bit Wrong	15.6%	20.4%	21.3%	20.2%	24.5%	21.5%	20.7%
	Wrong	22.8%	22.4%	24.6%	21.7%	24.1%	22.7%	23.1%
	Very Wrong	51.8%	42.3%	37.1%	31.3%	24.8%	19.9%	34.4%

**Table 18. Perceived Availability**

If you wanted to, how easy would it be for you to get the following?		Grade						Total
		7	8	9	10	11	12	
<b>Alcohol (Beer, wine coolers or hard liquor)</b>	Very easy	13.1%	21.4%	25.7%	36.0%	34.2%	43.7%	28.8%
	Sort of easy	18.0%	24.6%	28.4%	28.2%	34.0%	33.4%	27.7%
	Sort of hard	17.8%	18.8%	20.2%	17.0%	14.7%	12.2%	16.9%
	Very hard	51.1%	35.2%	25.7%	18.9%	17.0%	10.6%	26.5%
<b>Cigarettes</b>	Very easy	9.6%	15.5%	16.1%	26.2%	29.6%	47.3%	23.6%
	Sort of easy	11.2%	15.5%	17.0%	20.0%	22.1%	18.2%	17.4%
	Sort of hard	13.0%	15.8%	18.4%	18.8%	18.1%	14.3%	16.5%
	Very hard	66.2%	53.2%	48.5%	35.0%	30.2%	20.2%	42.5%
<b>Marijuana</b>	Very easy	5.6%	12.2%	21.9%	32.3%	36.5%	46.7%	25.6%
	Sort of easy	5.7%	10.7%	13.6%	19.4%	20.2%	21.8%	15.2%
	Sort of hard	7.4%	11.1%	13.9%	11.9%	14.0%	9.3%	11.4%
	Very hard	81.3%	65.9%	50.6%	36.3%	29.2%	22.2%	47.9%
<b>A gun</b>	Very easy	7.0%	6.9%	11.4%	9.2%	9.4%	12.2%	9.3%
	Sort of easy	8.6%	7.8%	8.5%	11.5%	10.8%	9.0%	9.4%
	Sort of hard	12.0%	15.9%	18.5%	20.1%	18.9%	21.5%	17.8%
	Very hard	72.4%	69.4%	61.6%	59.3%	61.0%	57.3%	63.6%
<b>Illicit drugs like cocaine, heroin, LSD or amphetamines</b>	Very easy	2.8%	4.5%	5.7%	7.6%	8.5%	11.3%	6.6%
	Sort of easy	2.8%	4.6%	5.6%	7.6%	9.6%	13.0%	7.1%
	Sort of hard	4.7%	8.2%	13.2%	19.0%	19.9%	21.6%	14.4%
	Very hard	89.7%	82.7%	75.5%	65.9%	62.0%	54.1%	71.9%
<b>A prescription drug without your own prescription</b>	Very easy	8.4%	12.1%	13.0%	16.5%	16.0%	20.9%	14.4%
	Sort of easy	8.2%	12.5%	14.3%	16.2%	17.7%	17.6%	14.4%
	Sort of hard	11.8%	15.1%	20.1%	21.2%	20.5%	22.0%	18.4%
	Very hard	71.6%	60.3%	52.6%	46.0%	45.7%	39.5%	52.7%

**Table 19. Antisocial Behavior**

In the past year did you do any of the following?	Grade						Total
	7	8	9	10	11	12	
Steal something less than \$100?	8.8%	16.9%	18.1%	17.5%	12.7%	16.0%	15.0%
Cheat on a test at school?	16.0%	29.1%	32.7%	44.8%	41.6%	41.1%	33.8%
Sell illegal drugs?	0.4%	2.0%	3.6%	4.9%	2.9%	5.2%	3.1%
Ride as a passenger with a driver under the influence of drugs or alcohol?	5.1%	6.5%	12.3%	13.3%	15.5%	21.6%	11.8%
Drive while under the influence of drugs or alcohol?	0.7%	0.4%	1.5%	1.7%	5.2%	14.0%	3.4%
Bring a knife, gun, or other weapon to school?	2.0%	1.4%	4.1%	4.1%	2.5%	2.9%	2.8%
Bully someone with the idea of hurting their feelings?	21.4%	22.1%	22.3%	22.6%	20.5%	20.1%	21.6%
Gamble	16.5%	16.0%	18.2%	19.1%	20.5%	30.9%	19.6%

**Table 20. Self Concept**

		<b>Grade</b>						
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Total</b>
<b>I feel lonely.</b>	Strongly Disagree	50.6%	47.4%	42.7%	40.9%	39.7%	36.4%	43.3%
	Disagree	29.3%	32.6%	33.7%	34.4%	36.9%	42.7%	34.5%
	Agree	14.9%	14.6%	16.8%	16.9%	19.2%	18.1%	16.7%
	Strongly Agree	5.2%	5.4%	6.8%	7.9%	4.3%	2.9%	5.5%
<b>I am good at making decisions.</b>	Strongly Disagree	6.0%	6.6%	7.7%	7.8%	6.8%	4.6%	6.7%
	Disagree	10.0%	12.4%	13.5%	15.8%	10.8%	9.0%	12.1%
	Agree	52.1%	51.8%	55.0%	51.8%	52.5%	54.4%	52.9%
	Strongly Agree	31.9%	29.3%	23.8%	24.6%	29.9%	32.0%	28.4%
<b>I have a number of good qualities.</b>	Strongly Disagree	6.1%	6.7%	8.5%	6.7%	7.1%	4.5%	6.7%
	Disagree	7.8%	9.5%	6.1%	9.6%	8.7%	5.4%	8.0%
	Agree	40.9%	42.4%	51.8%	52.0%	48.1%	48.8%	47.2%
	Strongly Agree	45.2%	41.3%	33.6%	31.7%	36.0%	41.3%	38.1%
<b>I have trouble concentrating.</b>	Strongly Disagree	20.6%	20.1%	15.3%	15.6%	13.6%	15.8%	16.9%
	Disagree	31.9%	31.5%	34.8%	35.4%	36.9%	39.2%	34.7%
	Agree	33.1%	33.1%	34.6%	33.2%	37.2%	33.6%	34.2%
	Strongly Agree	14.4%	15.3%	15.3%	15.8%	12.3%	11.5%	14.2%
<b>I believe that my life is going in a positive direction.</b>	Strongly Disagree	6.7%	5.9%	6.9%	6.0%	4.2%	4.1%	5.7%
	Disagree	6.5%	6.3%	9.4%	8.6%	10.9%	7.0%	8.1%
	Agree	36.0%	40.7%	40.8%	47.8%	43.6%	43.1%	41.9%
	Strongly Agree	50.8%	47.2%	42.8%	37.7%	41.2%	45.8%	44.2%
<b>I feel sad most of the time.</b>	Strongly Disagree	49.9%	46.4%	42.1%	40.6%	40.1%	38.2%	43.2%
	Disagree	33.3%	30.7%	35.1%	38.4%	40.5%	44.7%	36.7%
	Agree	12.2%	16.3%	13.6%	14.3%	14.1%	13.1%	14.0%
	Strongly Agree	4.5%	6.6%	9.1%	6.7%	5.3%	3.9%	6.1%
<b>I have so much energy I don't know what to do with it.</b>	Strongly Disagree	21.7%	19.4%	20.6%	22.9%	24.5%	25.5%	22.2%
	Disagree	34.2%	42.5%	49.6%	46.6%	47.5%	51.8%	45.0%
	Agree	27.2%	24.5%	17.8%	22.2%	20.4%	17.0%	21.7%
	Strongly Agree	17.0%	13.7%	12.1%	8.4%	7.6%	5.7%	11.0%
<b>I stand up for what I believe in.</b>	Strongly Disagree	5.4%	4.8%	4.6%	4.8%	5.7%	3.1%	4.8%
	Disagree	8.1%	7.7%	10.0%	7.8%	8.3%	6.4%	8.1%
	Agree	44.0%	45.5%	47.6%	46.1%	49.2%	48.6%	46.7%
	Strongly Agree	42.5%	42.0%	37.8%	41.3%	36.7%	41.9%	40.3%

**Table 21. Social Supports**

When you have a problem that is bothering you, how often do you do the following?		Grade						Total
		7	8	9	10	11	12	
<b>Talk about it with your parent(s) or guardian(s)?</b>	Never/Almost Never	21.1%	26.2%	29.6%	32.5%	28.9%	26.5%	27.5%
	Sometimes	34.8%	39.5%	35.5%	38.1%	37.5%	40.2%	37.5%
	Often	24.7%	20.7%	21.1%	17.5%	19.6%	18.9%	20.5%
	Always/Almost Always	19.5%	13.6%	13.8%	11.9%	13.9%	14.3%	14.5%
<b>Talk about it with a teacher?</b>	Never/Almost Never	51.5%	62.8%	64.6%	65.0%	62.4%	65.2%	61.8%
	Sometimes	36.1%	26.8%	28.9%	25.2%	30.0%	24.9%	28.8%
	Often	9.4%	7.6%	5.0%	7.4%	6.3%	6.6%	7.1%
	Always/Almost Always	3.0%	2.8%	1.5%	2.4%	1.3%	3.3%	2.4%
<b>Talk about it with a friend?</b>	Never/Almost Never	13.2%	13.1%	16.8%	10.5%	10.9%	9.0%	12.4%
	Sometimes	25.1%	24.8%	23.5%	22.4%	27.5%	30.0%	25.3%
	Often	30.1%	30.9%	31.8%	34.7%	31.7%	28.9%	31.4%
	Always/Almost Always	31.6%	31.2%	27.9%	32.4%	30.0%	32.1%	30.8%
<b>Keep it to yourself?</b>	Never/Almost Never	19.4%	14.8%	12.5%	10.1%	10.7%	11.2%	13.2%
	Sometimes	29.7%	30.1%	31.2%	30.7%	30.2%	27.6%	30.0%
	Often	26.1%	26.5%	23.2%	25.7%	29.1%	32.2%	26.9%
	Always/Almost Always	24.8%	28.7%	33.1%	33.5%	30.0%	29.1%	29.9%

**Table 22. Suicide and Depression**

In the past 12 months...		Grade						Total
		7	8	9	10	11	12	
<b>I have had thoughts of hurting myself</b>	Yes	24.4%	25.8%	23.0%	23.2%	21.8%	23.3%	23.5%
<b>I have hurt myself on purpose</b>	Yes	14.0%	14.2%	13.5%	14.3%	13.7%	11.4%	13.6%
<b>I have had a boyfriend/girlfriend hit, slap or physically hurt me on purpose</b>	Yes	2.5%	4.0%	3.6%	5.7%	5.9%	6.6%	4.7%
<b>I have felt sad or hopeless almost every day for 2 wks or more so that it stopped me from doing my usual activities</b>	Yes	17.2%	20.3%	17.6%	19.9%	25.6%	21.7%	20.4%
<b>I have seriously considered attempting suicide</b>	Yes	9.0%	10.2%	9.9%	13.4%	11.3%	13.4%	11.2%

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**Table 23. Family Substance Use**

		<b>Grade</b>						<b>Total</b>
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	
<b>Do either of your parents/guardians smoke cigarettes?</b>	Yes	35.3%	34.5%	28.4%	31.0%	27.9%	30.9%	31.4%
<b>Do either of your parents/guardians drink alcoholic beverages?</b>	Yes	60.7%	61.7%	60.6%	61.0%	63.0%	69.1%	62.4%
<b>Has anyone in your family (such as a parent, brother or sister, not including you) ever used alcohol so that it created problems at home, at work, or with friends?</b>	Yes	14.2%	18.5%	24.6%	26.4%	21.2%	21.0%	21.0%
<b>Do either of your parents/guardians gamble?</b>	Yes	26.6%	29.5%	32.4%	34.4%	32.0%	32.9%	31.3%

**Table 24. Unsupervised Time**  
**On a regular weekday, how many hours do you usually spend after school without an adult present?**

	<b>Grade</b>						<b>Total</b>
	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	
<b>None</b>	26.3%	20.8%	17.6%	16.0%	13.6%	13.7%	18.0%
<b>Less Than 1 Hour</b>	26.0%	21.9%	16.7%	16.6%	15.8%	10.4%	18.0%
<b>1 To 2 Hours</b>	29.5%	33.5%	38.5%	34.1%	31.1%	26.8%	32.5%
<b>Up To 4 Hours</b>	10.6%	11.6%	13.7%	18.8%	20.6%	25.1%	16.6%
<b>More Than 4 Hours</b>	7.6%	12.2%	13.5%	14.5%	18.9%	24.0%	15.0%

**Table 25. Family Attitudes Toward Youth Substance Use**

How wrong do your parents feel it would be for you to do the following?		Grade						Total
		7	8	9	10	11	12	
<b>Smoke tobacco?</b>	Not At All Wrong	1.4%	1.2%	2.6%	2.1%	2.1%	3.0%	2.1%
	A Little Bit Wrong	1.9%	3.7%	2.4%	4.8%	6.1%	9.4%	4.6%
	Wrong	10.7%	12.3%	14.6%	16.8%	20.6%	24.1%	16.4%
	Very Wrong	86.0%	82.8%	80.4%	76.3%	71.2%	63.5%	77.0%
<b>Drink one or two alcoholic beverages nearly everyday?</b>	Not At All Wrong	1.9%	1.3%	3.3%	3.7%	4.5%	6.0%	3.4%
	A Little Bit Wrong	5.0%	5.1%	4.8%	8.9%	8.6%	11.0%	7.2%
	Wrong	13.4%	14.2%	15.2%	17.8%	22.1%	22.9%	17.5%
	Very Wrong	79.7%	79.4%	76.7%	69.7%	64.9%	60.1%	72.0%
<b>Smoke marijuana?</b>	Not At All Wrong	1.8%	2.3%	4.1%	4.7%	6.6%	8.9%	4.7%
	A Little Bit Wrong	2.2%	5.1%	5.6%	10.0%	11.9%	15.2%	8.2%
	Wrong	6.0%	9.3%	12.9%	16.4%	19.1%	20.6%	14.0%
	Very Wrong	89.9%	83.3%	77.4%	68.9%	62.4%	55.2%	73.1%
<b>Use prescription drugs not prescribed to you?</b>	Not At All Wrong	1.8%	1.5%	2.7%	2.3%	2.0%	3.1%	2.2%
	A Little Bit Wrong	1.5%	2.2%	1.9%	3.7%	3.7%	5.0%	3.0%
	Wrong	7.6%	9.6%	12.5%	12.8%	14.2%	15.5%	12.0%
	Very Wrong	89.0%	86.6%	82.9%	81.2%	80.1%	76.3%	82.8%
<b>Gamble (scratch tickets, online, sports, casino, etc)?</b>	Not At All Wrong	6.2%	8.2%	6.5%	9.2%	11.0%	16.2%	9.5%
	A Little Bit Wrong	15.4%	17.8%	16.2%	18.5%	17.8%	22.7%	18.0%
	Wrong	20.6%	22.7%	27.1%	22.7%	25.5%	24.2%	23.9%
	Very Wrong	57.8%	51.3%	50.1%	49.7%	45.7%	36.9%	48.6%

**Table 26. Family Management**

		Grade						
		7	8	9	10	11	12	Total
<b>If I break one of my parent/guardian(s) rules, I am usually disciplined.</b>	Definitely NOT True	4.1%	5.0%	4.8%	7.6%	7.0%	6.8%	5.8%
	Mostly NOT True	12.9%	14.7%	16.0%	17.1%	16.7%	23.3%	16.5%
	Mostly True	42.2%	43.6%	39.6%	43.8%	42.8%	41.5%	42.3%
	Definitely True	40.8%	36.7%	39.6%	31.5%	33.5%	28.4%	35.4%
<b>My family has clear rules discouraging me from smoking cigarettes or using tobacco.</b>	Definitely NOT True	19.7%	22.3%	21.7%	19.8%	20.6%	17.5%	20.4%
	Mostly NOT True	2.0%	2.5%	2.9%	3.2%	3.9%	5.1%	3.2%
	Mostly True	4.7%	7.4%	7.3%	10.0%	11.8%	17.9%	9.7%
	Definitely True	73.6%	67.7%	68.2%	66.9%	63.7%	59.4%	66.7%
<b>My family has clear rules discouraging me from drinking alcoholic beverages.</b>	Definitely NOT True	19.1%	20.8%	19.3%	18.0%	17.4%	15.2%	18.4%
	Mostly NOT True	3.0%	5.4%	5.7%	7.0%	10.5%	15.1%	7.6%
	Mostly True	11.5%	14.3%	16.5%	23.0%	22.3%	27.8%	19.1%
	Definitely True	66.4%	59.5%	58.5%	52.0%	49.8%	41.9%	54.9%
<b>My family has clear rules discouraging me from using marijuana.</b>	Definitely NOT True	20.6%	22.2%	20.1%	18.9%	17.8%	17.2%	19.5%
	Mostly NOT True	2.1%	3.5%	3.8%	5.9%	7.0%	10.7%	5.4%
	Mostly True	3.6%	7.9%	10.7%	14.4%	15.2%	19.1%	11.7%
	Definitely True	73.8%	66.3%	65.4%	60.8%	60.0%	53.1%	63.4%
<b>My family has clear rules discouraging me from using a prescription drug that is not prescribed to me.</b>	Definitely NOT True	20.9%	23.0%	22.8%	21.3%	20.7%	19.1%	21.4%
	Mostly NOT True	1.6%	2.7%	2.5%	2.2%	2.3%	4.5%	2.6%
	Mostly True	4.3%	6.7%	6.7%	11.5%	11.2%	12.1%	8.7%
	Definitely True	73.1%	67.6%	68.0%	65.1%	65.8%	64.2%	67.3%
<b>My family has clear rules discouraging me from gambling (scratch tickets, online, sports, casino, etc).</b>	Definitely NOT True	17.4%	20.1%	13.8%	18.6%	18.4%	19.8%	17.9%
	Mostly NOT True	8.8%	9.5%	8.4%	12.0%	15.3%	15.7%	11.6%
	Mostly True	16.7%	19.2%	22.3%	21.8%	20.1%	25.2%	20.9%
	Definitely True	57.1%	51.1%	55.5%	47.6%	46.2%	39.3%	49.6%

**Table 27. Parental Attachment and Positive Family Involvement**

		<b>Grade</b>						
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Total</b>
<b>I share my thoughts and feelings with my parent/guardian(s).</b>	Definitely NOT True	11.8%	15.5%	15.1%	20.3%	15.4%	16.9%	15.8%
	Mostly NOT True	24.6%	27.6%	29.3%	29.4%	22.1%	29.5%	27.0%
	Mostly True	42.7%	42.9%	36.5%	36.4%	43.1%	39.1%	40.2%
	Definitely True	20.8%	14.0%	19.1%	13.9%	19.4%	14.6%	17.0%
<b>My parent/guardian(s) participate(s) in activities at my school, including attendance at school events.</b>	Definitely NOT True	26.8%	28.4%	23.7%	28.1%	27.2%	27.7%	27.0%
	Mostly NOT True	22.9%	22.6%	27.2%	25.9%	22.4%	27.2%	24.6%
	Mostly True	33.7%	34.4%	31.0%	28.8%	31.8%	31.7%	31.9%
	Definitely True	16.7%	14.6%	18.0%	17.1%	18.6%	13.5%	16.5%
<b>I feel very close to my parent/guardian(s).</b>	Definitely NOT True	2.5%	4.9%	4.5%	6.9%	5.5%	7.6%	5.2%
	Mostly NOT True	5.5%	8.3%	10.6%	10.1%	11.3%	11.8%	9.5%
	Mostly True	26.3%	32.1%	35.8%	39.7%	39.0%	39.6%	35.2%
	Definitely True	65.7%	54.7%	49.1%	43.2%	44.2%	41.0%	50.1%
<b>I feel loved and valued by my family.</b>	Definitely NOT True	1.0%	2.6%	2.6%	3.7%	2.4%	3.9%	2.6%
	Mostly NOT True	3.3%	5.1%	8.4%	8.3%	7.2%	7.3%	6.6%
	Mostly True	22.2%	25.7%	28.8%	32.4%	29.4%	30.3%	28.0%
	Definitely True	73.5%	66.6%	60.2%	55.6%	61.0%	58.5%	62.8%
<b>When I am away from home, my parent/guardian(s) know where I am and who I am with.</b>	Definitely NOT True	0.8%	0.6%	2.5%	1.3%	1.8%	2.8%	1.5%
	Mostly NOT True	1.6%	3.9%	4.4%	5.4%	7.6%	9.1%	5.1%
	Mostly True	25.2%	29.2%	34.3%	42.8%	40.6%	49.9%	36.3%
	Definitely True	72.4%	66.3%	58.9%	50.5%	50.0%	38.2%	57.0%

**Section 5. School Domain**

**Table 28. Perception of School Environment**

		<b>Grade</b>						
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Total</b>
<b>I try hard to do good work at school.</b>	Definitely NOT True	1.1%	1.4%	1.6%	1.5%	1.8%	2.1%	1.5%
	Mostly NOT True	3.8%	3.7%	4.5%	6.5%	4.3%	6.2%	4.8%
	Mostly True	38.5%	46.6%	46.8%	46.0%	42.0%	45.3%	44.2%
	Definitely True	56.6%	48.3%	47.1%	46.0%	51.9%	46.4%	49.5%
<b>I feel safe at school.</b>	Definitely NOT True	4.3%	7.6%	5.1%	6.3%	4.6%	3.4%	5.3%
	Mostly NOT True	11.0%	12.6%	8.4%	9.5%	9.1%	4.6%	9.5%
	Mostly True	50.3%	53.8%	57.0%	53.9%	52.7%	55.7%	53.8%
	Definitely True	34.4%	26.0%	29.5%	30.2%	33.7%	36.3%	31.4%
<b>Teachers/staff at my school encourage and support me to do my best.</b>	Definitely NOT True	3.4%	5.6%	5.0%	3.6%	2.0%	4.5%	4.0%
	Mostly NOT True	8.4%	13.4%	9.4%	12.8%	10.5%	9.3%	10.7%
	Mostly True	39.3%	45.2%	50.1%	51.9%	52.2%	48.5%	47.8%
	Definitely True	48.9%	35.8%	35.5%	31.8%	35.4%	37.7%	37.5%

**Section 6. Community Domain**

**Table 29. Perception of Community**

		<b>Grade</b>						
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Total</b>
<b>My community is a safe place.</b>	Definitely NOT True	5.9%	8.8%	5.7%	9.4%	10.0%	7.3%	7.9%
	Mostly NOT True	12.0%	16.1%	17.3%	18.9%	14.2%	14.2%	15.5%
	Mostly True	50.4%	55.9%	55.9%	55.6%	61.0%	58.1%	56.0%
	Definitely True	31.7%	19.2%	21.1%	16.1%	14.8%	20.4%	20.6%
<b>In my community, kids are often teased or taunted so much their feelings are hurt.</b>	Definitely NOT True	20.9%	17.7%	17.5%	12.5%	10.2%	11.5%	15.3%
	Mostly NOT True	39.8%	42.5%	46.3%	48.9%	50.1%	56.2%	46.8%
	Mostly True	25.4%	24.5%	26.7%	25.4%	26.3%	24.0%	25.5%
	Definitely True	14.0%	15.3%	9.5%	13.2%	13.4%	8.3%	12.4%
<b>A lot of drugs are sold in my community.</b>	Definitely NOT True	47.5%	30.6%	23.7%	14.1%	12.9%	11.5%	24.1%
	Mostly NOT True	29.5%	33.9%	31.9%	27.7%	29.4%	28.2%	30.3%
	Mostly True	12.9%	22.3%	23.5%	34.0%	37.7%	37.2%	27.4%
	Definitely True	10.0%	13.2%	20.9%	24.1%	20.0%	23.1%	18.2%
<b>A lot of kids in my community are into using marijuana and other drugs.</b>	Definitely NOT True	53.3%	29.6%	14.7%	6.0%	8.0%	3.7%	19.8%
	Mostly NOT True	32.4%	35.7%	32.5%	20.1%	19.4%	16.8%	26.9%
	Mostly True	9.5%	23.8%	31.5%	34.2%	43.3%	44.4%	30.5%
	Definitely True	4.8%	10.9%	21.3%	39.7%	29.4%	35.0%	22.8%
<b>There are lots of things for young people to do in my community</b>	Definitely NOT True	9.5%	10.9%	13.4%	14.9%	20.6%	23.8%	15.0%
	Mostly NOT True	15.0%	19.9%	21.3%	24.7%	29.3%	26.4%	22.5%
	Mostly True	39.9%	45.9%	45.8%	45.6%	40.3%	38.5%	42.9%
	Definitely True	35.7%	23.4%	19.5%	14.8%	9.8%	11.3%	19.6%
<b>Adults value teens in my community</b>	Definitely NOT True	7.8%	14.9%	10.8%	13.1%	11.0%	10.7%	11.4%
	Mostly NOT True	15.7%	20.4%	31.9%	34.6%	36.7%	34.0%	28.8%
	Mostly True	53.4%	47.7%	42.6%	40.7%	42.1%	44.7%	45.1%
	Definitely True	23.1%	17.1%	14.7%	11.6%	10.2%	10.7%	14.8%

**Table 30. Prevention Strategies**

How important do you think the following are in preventing kids from drinking?  
 (Ranked from high to low based on % of youth choosing "very important")

<b>Grade</b>						
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Total</b>
Checking IDs						
Fear of addiction	Fear of addiction	Fear of addiction	Having licensed suspended	Having licensed suspended	Having licensed suspended	Fear of addiction
Alcohol free activities	Alcohol free activities	Alcohol free activities	Fear of addiction	Fear of addiction	Friends who don't drink	Having licensed suspended
Friends who disapprove	Being fined \$200	Friends who disapprove	Parental strictness	Breathalyzer testing	Fear of addiction	Friends who disapprove
Parental strictness	Having licensed suspended	Being fined \$200	Being fined \$200	Friends who don't drink	Being fined \$200	Alcohol free activities
Having licensed suspended	Parental strictness	Having licensed suspended	Friends who disapprove	Friends who disapprove	Friends who disapprove	Being fined \$200
Breathalyzer testing	Friends who disapprove	Parental strictness	Breathalyzer testing	Being fined \$200	Alcohol free activities	Parental strictness
Ads portraying problems with alcohol	Ads portraying problems with alcohol	Ads portraying problems with alcohol	Friends who don't drink	Alcohol free activities	Breathalyzer testing	Breathalyzer testing
Being fined \$200	Friends who don't drink	Breathalyzer testing	Ads portraying problems with alcohol	Parental strictness	Parental strictness	Friends who don't drink
Alcohol education in school	Breathalyzer testing	Friends who don't drink	Alcohol free activities	Ads portraying problems with alcohol	Ads portraying problems with alcohol	Ads portraying problems with alcohol
Friends who don't drink	Alcohol education in school	Alcohol education in school	Alcohol education in school	High price	Alcohol education in school	Alcohol education in school
High price	High price	High price	High price	Alcohol education in school	High price	High price

**Section 7. Gambling**

**Table 31. Gambling**

		<b>Grade</b>						
		<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>Total</b>
<b>How often do you gamble for money or possessions?</b>	Daily	0.5%	0.8%	1.0%	2.0%	1.8%	2.3%	1.4%
	Weekly	1.0%	1.9%	1.0%	1.8%	.9%	1.7%	1.4%
	Monthly	1.9%	1.8%	2.4%	4.2%	2.0%	3.4%	2.6%
	Less than monthly	11.3%	11.8%	12.1%	12.0%	14.0%	16.7%	12.9%
	Never	85.2%	83.7%	83.4%	80.1%	81.3%	75.9%	81.6%
<b>Ever Gambled</b>		<b>14.8%</b>	<b>16.3%</b>	<b>16.6%</b>	<b>19.9%</b>	<b>18.7%</b>	<b>24.1%</b>	<b>18.4%</b>
<b>Has anyone in your family ever gambled so that it created problems at home, at work, or with friends?</b>								
	Yes	8.6%	7.6%	10.0%	10.1%	11.3%	10.4%	9.7%
		<i>***Lifetime Gambler Sub-analysis***</i>						
<b>Has a family member ever expressed concern about your gambling?</b>	Yes	25.8%	11.3%	11.4%	7.0%	6.7%	7.0%	10.7%
<b>Have you ever missed work, school or other activities because you were gambling?</b>	Yes	13.8%	4.5%	6.8%	4.2%	10.2%	5.6%	7.4%
<b>Have you ever tried to cut back on your gambling?</b>	Yes	38.4%	28.2%	27.9%	19.9%	18.0%	12.7%	23.0%
<b>Do you think you have a gambling problem?</b>	Yes	13.8%	11.3%	2.9%	2.8%	10.2%	5.6%	7.2%

Section 8. Comparisons and Trends

Comparisons to National Data

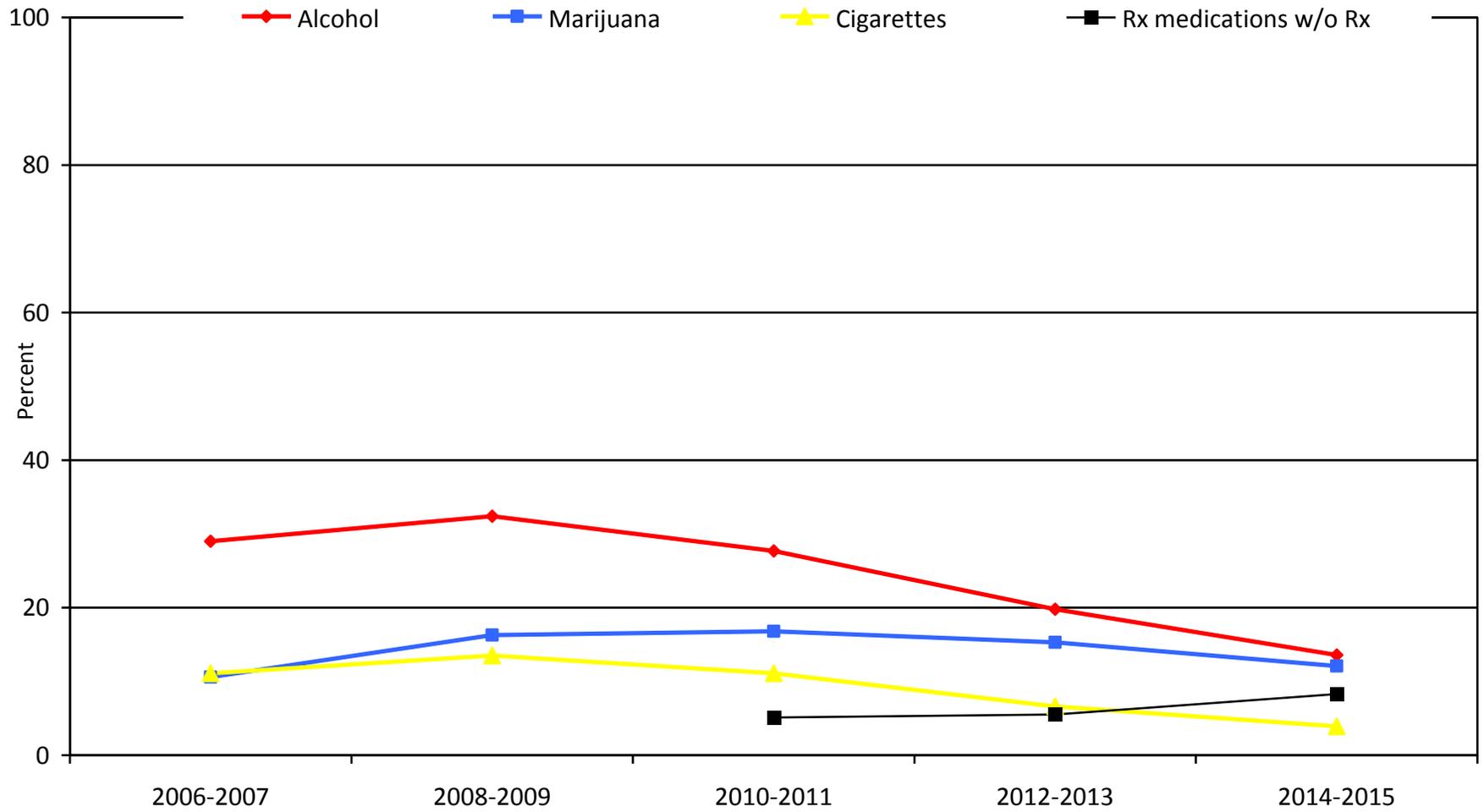
**Table 32. Comparison of Lifetime Use Rates**  
**Regional Lifetime Use Rates (SERAC 2012-2013, 2014-2015) and National Lifetime Use Rates (MTF 2015)**

Substance	Grade								
	8			10			12		
	SERAC (12-13)	SERAC (14-15)	MTF 2015	SERAC (12-13)	SERAC (14-15)	MTF 2015	SERAC (12-13)	SERAC (14-15)	MTF 2015
<b>Cigarettes</b>	7.4%	4.1%	13.3%	12.2%	9.5%	19.9%	19.8%	17.5%	31.1%
<b>Alcohol</b>	16.1%	13.6%	26.1%	42.7%	33.2%	47.1%	55.6%	58.0%	66.0%
<b>Marijuana</b>	9.3%	8.5%	15.5%	25.7%	23.1%	31.1%	36.9%	36.0%	44.7%
<b>Inhalants</b>	4.9%	3.8%	9.4%	5.5%	3.9%	7.2%	7.0%	5.7%	5.7%
<b>Cocaine</b>	0.8%	0.3%	1.6%	2.1%	0.9%	2.7%	5.7%	2.1%	4.0%
<b>Crack Cocaine</b>	0.9%	0.4%	1.0%	0.9%	0.2%	1.1%	0.7%	0.5%	1.7%
<b>Ecstasy</b>	0.6%	0.5%	2.3%	2.9%	2.0%	3.8%	6.8%	3.4%	5.9%
<b>Hallucinogens</b>	1.0%	0.8%	2.0%	3.9%	2.1%	4.6%	7.9%	4.6%	6.4%
<b>Heroin</b>	0.5%	0.2%	0.5%	0.7%	0.2%	0.7%	1.3%	0.9%	0.8%
<b>Methamphetamine</b>	0.9%	0.3%	0.8%	0.0%	0.4%	1.3%	0.8%	0.3%	1.0%
<b>Steroids</b>	1.1%	0.7%	1.0%	0.6%	0.9%	1.2%	0.8%	1.1%	2.3%
<b>Tranquilizers</b>	0.7%	0.2%	3.0%	2.9%	2.1%	5.8%	5.0%	4.0%	6.9%
<b>Any Rx Drug</b>	9.8%	10.3%	NA	16.4%	13.5%	NA	20.9%	18.4%	18.3%

**Table 33. Comparison of Recent Use Rates**  
**Regional Recent Use Rates (SERSC 2012-2013, 2014-2015) and National Recent Use Rates (MTF 2015)**

Substance	Grade								
	8			10			12		
	SERAC (12-13)	SERAC (14-15)	MTF 2015	SERAC (12-13)	SERAC (14-15)	MTF 2015	SERAC (12-13)	SERAC (14-15)	MTF 2015
<b><i>Cigarettes</i></b>	1.8%	1.0%	3.6%	4.5%	2.6%	6.3%	10.9%	7.1%	11.4%
<b><i>Alcohol</i></b>	2.7%	2.4%	9.7%	19.4%	10.5%	21.5%	27.6%	24.2%	35.3%
<b><i>Marijuana</i></b>	3.6%	3.8%	6.5%	15.8%	12.3%	14.8%	19.4%	19.2%	21.3%
<b><i>Any Rx Drug</i></b>	3.3%	4.8%	NA	5.4%	7.8%	NA	7.3%	<b>10.0%</b>	5.9%

Comparisons to Previous Regional Data  
Figure 1: Trends in Recent Use Rates of Core Substances Among High School Youth



**Figure 2. Trends in Perceived Harm Among High School Youth  
(% great risk)**

